

KEYPOINTE MEDICAL WEIGHT LOSS AND WELLNESS

Public Safety Health and Wellness

Where do you measure?

We provide body composition analysis through our bio impedance body composition analyzer

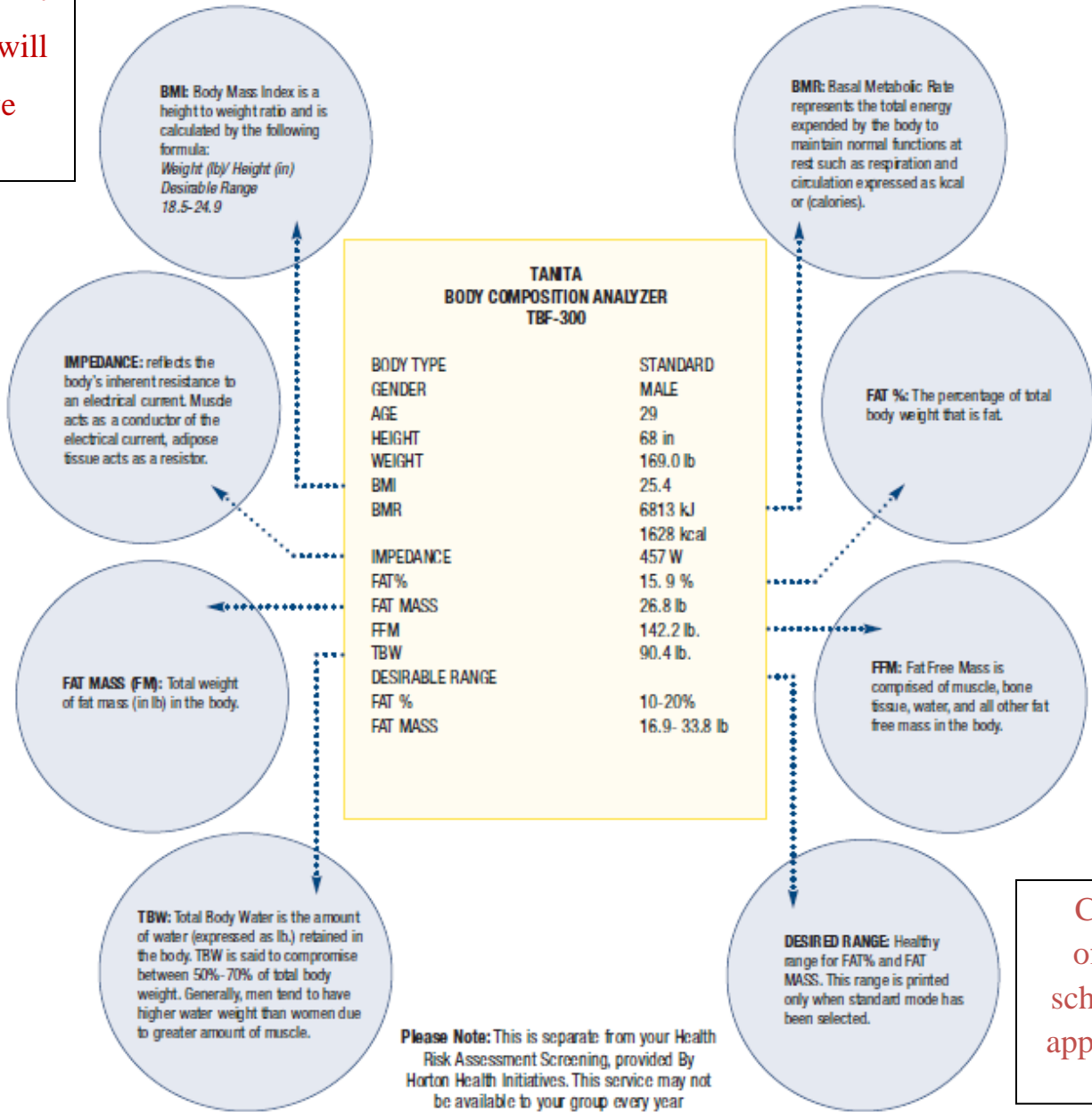
Body Fat % Description	Women	Men
Essential fat	8–12%	3–5%
Athletes	14-20%	6–13%
Fitness	21-24%	14–17%
"Average"	25-32%	18-24%
Excess fat	32%+	25%+

Category of BMI	BMI range – kg/m²
Very severely underweight	less than 15.0
Severely underweight	from 15.0 to 16.0
Underweight	from 16.0 to 18.5
Normal (healthy weight)	from 18.5 to 25
Overweight	from 25 to 30
Obese Class I (Moderately obese)	from 30 to 35
Obese Class II (Severely obese)	from 35 to 40
Obese Class III (Very severely obese)	over 40

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Actual print
out you will
receive



Call our
office to
schedule an
appointment



Please call 937-743-9474 to schedule an appointment for your body composition testing